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Food From Many Greek Kitchens



Synopsis

No one captures the spirit and soul of a place quite like Tessa Kiros, the best-selling author of *Falling Cloudberry* and *Apples for Jam*. Who better than Tessa to take readers on a colorful and magical journey into the kitchens of her friends and family in Greece. Food, culture, celebration, and memory are inexorably tied together inside Tessa Kiros's *Food from Many Greek Kitchens*. As the follow-up to her best-selling *Venezia* and *Falling Cloudberry*, *Food from Many Greek Kitchens* explores Kiros's Greek-Cypriot heritage and takes readers on a colorful journey into the Greek kitchens of her friends and family as she catalogs the traditional foods for fasting, festivals, and feast days. Recipes like Vassilopitta New Year Wish Cake, Lamb in a Flowerpot with Dill and Red Wine, Yamopilafo Wedding Rice, and Easter Soup are accompanied by short introductions that explain each dish's cultural significance. In addition, lavish full-color photographs take readers on a tour from the local Mediterranean fishmongers and markets into Greek family homes and kitchens to experience the best in authentic Greek cooking. With a glossary and more than 200 classically prepared Greek recipes, *Food from Many Greek Kitchens* adds a greater depth of flavor to each dish through Kiros's warm anecdotal introductions like the following passage for Vassilopitta: "In Greece, everyone has a vassilopitta (cake) at New Year. The wonderful thing about this cake is that a flouri (coin) is added before baking. If you're lucky to get the piece with the coin, you'll be blessed for the year. Don't you love that sense of celebration the Greeks have?" --*Food from Many Greek Kitchens*

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Customer Reviews

This exceptional cookbook is really three books in one: a true cookbook, a photographic art book and a reading-for-pleasure book. It excels in all three. The photographs, mostly full page but some spread to two-page foldouts, are spectacular, all related to food and cooking and most taken inside the kitchens and dining rooms of simple Greek folks, some outside and in their gardens. The writing is so good that you may just want to sit down with the book and read the recipes simply for reading pleasure. The author avoided a long prologue and an introduction; the usual reminiscence of childhood food inspiration is mercifully missing. A list of the Greek alphabet and a two-page glossary to help you understand Greek food terms (even such obvious term as feta cheese), the book starts unceremoniously with the first recipe. Most of the recipes are authentic from Greek kitchens but it also includes such non-Greek items as French fries. It helps to have a Greek market source for some ingredients yet most recipes use items you'll find in any well-stocked market. The author is careful to give alternative ingredient if Greek is not available. The recipe writing is unusual that the author doesn't follow the traditional step-by-step style in the instructions but a light narrative style; nevertheless, recipes are very easy to follow, and even novice cooks will have no difficulties. The layout of recipes is excellent; all carefully placed on a single page (with a few exceptions of longer recipes). The head notes are informative with bits of personal touches. Occasional short written vignettes from the Greek lifestyle are amusing and enlightening. With some 115 recipes, your choice from traditional Greek foods through baker's foods to There + Then foods (long cooking or roasting foods) is ample.

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